

BULLETIN

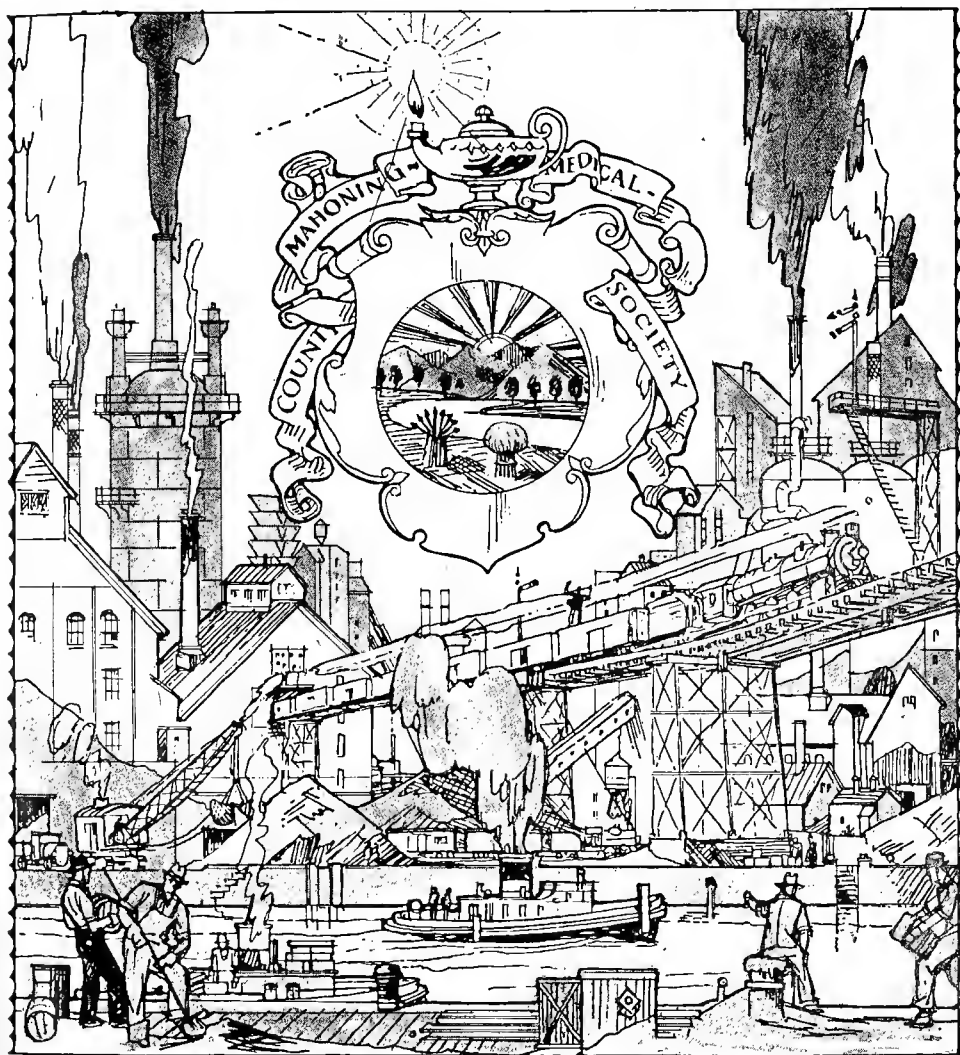
of the

MAHONING COUNTY MEDICAL SOCIETY

APRIL, 1963

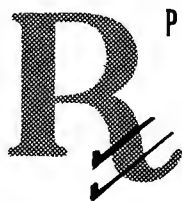
Volume XXXIII

Number Four



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Tuesday, April 16, 1963

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Department of Psychology and Education
Westminster College

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6:30 p.m. Dinner

7:30 p.m. Meeting

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Mahoning County Medical Society
245 Bel-Park Building
1005 Belmont Avenue
Youngstown 4, Ohio

1963 ANNUAL MEETING

**Ohio State Medical Association
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Sheraton-Cleveland Hotel

May 12, 13, 14, 15, 16, 17

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From the Desk of the President

To overcome the traditional cold stare, glassy eyed impression that was associated with the banker, financial institutions have changed their physical appearance, made their officers accessible to the public and instituted a forceful program of public information.

Similarly the industrialist has done all in his power to subjugate the impression of a frigid machine interested only in the welfare of his corporation by accepting many innovations that permit the people to understand his business and the manner in which he operates.

Contrariwise, for centuries, the medical profession has been looked upon with a most favorable eye by the public for doing best the things for which its practitioners were trained—the care of the sick. Sir Luke Fildes' portrait was probably the best external expression of this "image". The lesson of that portrait is not that of a physician sitting all night at the child's bedside. It is the concern of the physician for the patient under his care. With the advent of new medications, techniques and modalities, the manner in which we practice has changed, but our concern for the sick has not and should not.

A little over a decade ago a few men, for purposes yet unknown, wrote and had published in lay journals several articles decrying some of the deficiencies then existing in the practice of medicine.

Study revealed that these deficiencies were present, but to such a minor degree, that other than the publicity attendant upon their exposure no great gain ensued. Soon the lay writing personnel seeing that the field was wide open and unchallenged followed along with every sensational article that could be printed in all kinds of publications. Whether there was truth or not in these stories unfortunately didn't matter. Inuendo was there and they were accepted as gospel.

At long last the powers-that-be have decided to take action. And what is their decision? The "image" we must create is that of the busy physician being involved in all matters without the practice of our profession—from Abaddon to Zoroaster. We must have advertising, radio and television shows, publicity campaigns. All in all, a Madison Avenue technique. This is intended to create a favorable public "image" of the physician, or at least so we are told it will. Will it? Does the physician on television expounding his views on legislation et cetera endear himself the more to his patient, or would those five minutes had they been given to the patient the last time he was in his doctor's office for a little more detailed explanation of his illness brought more endearment?

"To every living thing there is a season, and a time to every purpose under the heaven".* With the average physician's work week running in the vicinity of seventy hours his time and purpose are to practice medicine in the best manner he knows. If an extraneous "image" must be created let it be done by those whose business that is.

If we would once again have Society believe that Fildes' portrait is our true "image" we shall have to devote ourselves to our profession. If we continue to follow that path upon which we have embarked in the past decade, then we shall even more find ourselves not savants, not artisans, not even tradesmen, but pawns in a malevolent chess game. Think wisely. Choose well.

—Asher Randell, M.D.

President

*Ecclesiastes 3:1

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Volume XXXIII

April, 1963

Number 4

Published for and by the Members of the Mahoning County Medical Society

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BLUE SHIELD PLANNING NEW PROGRAM

Ohio Medical Indemnity (Blue Shield) has been given the green light to work out a no-fixed-fee schedule program - - namely, a program providing for the payment of the reasonable and customary fees charged by the physician, thus avoiding any contractual arrangement between a physician and a third party. This action was taken at the Feb. 23 meeting of the council of the Ohio State Medical Association, and was reported briefly in the last issue of the Bulletin.

Six reasons were given for discarding the previously proposed plan:

1. It would raise costs of professional services in many communities of the state.

2. It would establish a fixed rigid schedule of benefits which would not be applicable in all communities of the State.

3. Study revealed such a marked range within specialty fields, that an agreed schedule becomes an impossibility and would reduce participation on the part of physicians.

4. Objection to the plan on the basis of principle would eliminate participation by many physicians thereby weakening the utility of the plan due to lack of participation by many qualified physicians.

5. Relative values of service are unrealistic and distorted. To meet the high fees recommended by some would require comparable increases in all other groups, including those where the suggested fees were acceptable.

6. The proposed plan was offered at a suggested premium of \$7.26. Inclusion of only part of the suggested revisions would necessitate increasing the premium to at least \$9.22, excluding three major subspecialties.

OMI is on record as approving the underwriting of such a plan provided this would meet with the approval of the Council of the Ohio State Medical Association and providing county medical societies are willing to cooperate through their grievance committees. Details of the new plan are now being developed. The plan will be for persons whose income does not exceed a certain income limit, and will be initiated only where such plan is desired by the County Medical Society.

DIABETES AND PREGNANCY

William J. Cleary, Jr., M.D. and Simon Chiasson, M.D.

INTRODUCTION: Diabetes is an extremely common disease occurring in approximately 2.5% of the adult population. It is less frequent below age 40. Many times when present in a younger adult, the disease may present as a therapeutic problem. This frequently is the case in a pregnant diabetic person. The problem of diagnosis of diabetes in a pregnant woman is sometimes a great one. Between 15-25% of normal pregnant women have glycosuria especially in the last trimester. Often this glycosuria may be due to lactosuria. Therefore, routine urine examinations with glucose-oxidase tests may be very helpful. The diagnosis is made on an abnormal fasting blood sugar, or an abnormal glucose tolerance or post-prandial blood sugars. However, the tolerance test is sometimes difficult to evaluate because 80% of normal pregnant women may have a two hour glucose tolerance of greater than 120. Therefore, some authorities feel that three hour samples greater than 120 may represent diabetes. It is known that there is a normal physiologic lowering of glucose tolerance. There is also an alteration in water metabolism during pregnancy. There is an increased glomerular filtration rate in all pregnant women. In pregnant diabetic patients there is a significant decrease in maximum tubular reabsorption of glucose. Thus both of these latter factors may contribute to the glycosuria.

EFFECT OF PREGNANCY ON DIABETES: Usually the diabetic female during the childbearing years is fairly well managed, as in an older patient. During the first half or first two-thirds of the pregnancy a few changes occur in the disease. However, with increasing metabolism, especially with increased fetal size, there is greater insulin demands and more lability in the management of the diabetes. These patients are very frequently subjected to the extremes of management such as diabetic acidosis and insulin reactions. There may be an increased incidence of nausea and vomiting. When this occurs these patients should be hospitalized and watched very carefully. A higher incidence or urinary infection is noted.

EFFECT OF DIABETES ON THE MOTHER: For most diabetic patients the insulin requirements will double or triple during pregnancy; however, occasionally they will remain the same or even drop. The patient is subject to several serious medical and obstetrical complications, the more significant of these are: diabetic acidosis vascular and renal changes, retinal changes, toxemia and polyhydramnios.

EFFECT OF DIABETES ON THE FETUS: 2-3% of all babies born to diabetic mothers have anomalies, many of which are incompatible with extra-uterine life. These defects along with maternal acidosis and toxemia are important in the high fetal death in utero and in the neonatal period. Another factor is the excessive size of the diabetic baby. One third of the fetal deaths occur in the last three weeks for no apparent reason.

MANAGEMENT: (1) **DIET:** There are as many different programs of management as there are physicians interested in this problem. Therefore, any specific measurements are merely suggestions, which have been proven to be effective in a large number of patients in the past. It is felt that there should be adequate calories in the diet. One way of calculating this is as follows: Ideal weight in pounds times 10, plus 30% of ideal weight (for activity), plus 100-200 calories (for increasing pregnancy) equals number of desired calories. There should be at least 250 grams of carbohydrate. The protein can be calculated as follows: $\frac{1}{8}$ of ideal weight equals number of grams of protein. The fat makes up the remainder of the food. The total quantity of food can be divided into meal fractions in either equal parts or

different fractions as $\frac{1}{4}$, $\frac{2}{4}$, $\frac{3}{4}$, with a snack before bedtime taken from the lunch and evening meals.

INSULIN: Practically all patients with diabetes and pregnancy require Insulin. During the first two trimesters the insulin requirements usually stay somewhat stable, but as the pregnancy increases the requirements also increase. These patients should be watched with increasing frequency. The use of frequent blood sugars should be followed. Urine examinations should be carried out by the patient three or four times a day and these can be used for general survey purposes by the doctor and should not be relied upon solely. We should try to avoid the extremes of management with insulin because acidosis and insulin reaction are very lethal to the fetus, especially the former. The same types of insulins as would be used in the non-pregnant diabetic are used. Sometimes it is necessary to give an intermediate type of insulin twice a day instead of the usual morning dosage only.

TIME OF DELIVERY: The time and method of delivery will depend on the length and severity of the diabetes. Priscilla White's classification is very useful in our assessment of the patient.

Group A. Diabetes on the basis of the glucose tolerance test. Dietary regulation only. No insulin requirement.

Group B. Onset of diabetes after age 20, duration less than 10 years. No associated vascular disease.

Group C. Onset of diabetes between the ages of 10 to 19 years. No vascular changes.

Group D. Onset of diabetes under age 10, or a duration of 20 years or more. Vascular Disease becoming established retina or leg vessels (excluding pelvic arteriosclerosis).

Group E. Pelvic arteriosclerosis by x-ray examination.

Group F. Vascular nephritis.

Group G. Multiple obstetrical failures.

The patients who have milder forms, i.e., those in Group A and B and some in Group C., are treated as normal obstetrical patients. However, they are under combined medical and obstetrical management. They are allowed to go to term unless toxemia or some other unusual complication intervenes. We must always bear in mind the possibility of caesarian section because of the tendency of these patients to have abnormally large babies.

In the remaining groups the pregnancy must be terminated in some cases as early as 32-35 weeks where there are increasing vascular or renal changes or impending acidosis or severe retinal changes. Uncontrolled toxemia or presence of fetal "Halo" effect on X-ray are also factors which make prompt action mandatory. Because of the above reasons and because one-third can die in the last few weeks, the child should be delivered by 36 to 37 weeks at least.

The patient should have a careful vaginal exam before the method of delivery is decided upon. Occasionally the cervix will be found to be soft and open and the membranes can be stripped and ruptured and a pitocin drip can be started with the greatest care. If productive labor has not occurred within 6-10 hours a caesarian section should be performed. In a vast number of patients, the cervix is not ripe and caesarian section is the primary method of delivery. The incidence of primary caesarian section is increasing as the number of juvenile diabetics gets greater. The type of anesthesia depends on the skill of the anesthesiologist. When skillfully given an inhalation type of anesthesia for caesarian section is well tolerated by a controlled diabetic. However, conduction anesthesia is the method most commonly employed.

DR. DIDOMENICO IS STRUTHERS HEALTH DIRECTOR

Dr. Aniceto DiDomenico has been appointed Health Director for Struthers, filling the position formerly held by Dr. John F. Dulick. The appointment was made by the Struthers Board of Health on March 13.

Dr. DiDomenico was born and raised in Italy. He received his B.S. Degree at Sulmonia, and was graduated from the University of Bologna Medical School in 1950. He served as a resident physician at Polyclinic Rome University in 1951.

He came to the United States in 1952, interned with the Youngstown Hospital Association, then took a year's residency in Internal Medicine at St. Elizabeth Hospital, and one year's residency at Trumbull Memorial Hospital in Warren.

He is married to the former Ida Marie Berger. They have four children, Catherine 3, David 16 month, and twin boys, two months old.

His office, for general practice, is located at 16 Sexton St. in Struthers.



BOARD OF HEALTH BULLETIN

Report for February, 1963

	Resident		Non-Resident		Total
	M.	F.	M.	F.	
Births	99	113	99	110	421
Deaths	87	65	58	46	256
Infants Deaths	3	2	4	0	9

FEBRUARY, 1962

Births	125	109	106	100	440
Deaths	62	67	63	52	244
Infants Deaths	7	1	7	3	18

COMMUNICABLE DISEASES

	1963		1962	
	Cases	Deaths	Cases	Deaths
Chicken Pox	75	0	23	0
Measles	86	0	10	0
German Measles	3	0	0	0
Scarlet Fever	20	0	2	0
Para-typhoid	1	1	0	0
Whooping Cough	0	0	1	0
Infectious Hepatitis	0	0	1	0
Rheumatic Fever	4	0	3	0
Mumps	63	0	10	0
Gonorrhea	23	0	25	0
Syphilis	8	0	1	0
Tuberculosis	7	0	5	2

VENEREAL DISEASES

New Cases		Male	Female
Syphilis		2	1
Gonorrhea		16	7
Total patients			26
Total Visitor (Patients) to Clinic			160



Invalid Walkers



Wheelchairs



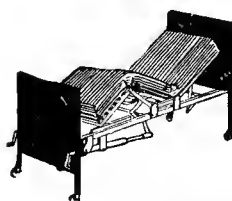
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April 16

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P. B. Giber

April 18

V. L. Goodwin

April 19

C. C. Wales
C. H. Beight

April 21

M. E. Conti

April 22

B. M. Brandmiller
W. D. McElroy

J. A. Rogers

April 23

A. A. Detesco
A. Randell
S. Zlotnick
F. E. Shaw

April 25

D. Shapiro
M. J. Vuksta

April 26

A. T. Laird



Get Your Annual Check-up

April 27

G. A. Parillo

April 28

S. G. Patton, Jr.

April 30

R. Ciekurs

May 3

C. Waltner

May 4

M. Oudiz

May 5

F. J. Bierkamp

May 6

J. A. Hyland

May 9

A. J. Bayuk
G. E. DeCicco

May 11

G. W. Cook

May 12

H. S. Banninga
J. N. Thanos
W. J. Tims

May 13

E. R. McNeal

May 14

W. E. Sovik
E. J. Reilly

PHYSICIANS MEET WITH NEWS MEDIA

Nine members of press, radio and television met with the Public Relations Committee of the Mahoning County Medical Society and their guests at the annual news media meeting, held on Thursday, March 21, at the Mural Room.

A number of topics were discussed, including the welfare contributions of local physicians through the Medical Service Foundation, the various community service committees of the Medical Society, and Medical Society attempts to provide better health insurance information for the public.

Several members of the news media expressed the opinion that there have been improvements in cooperation of physicians in supplying medical information. Dr. Goodwin announced that the responsibility of accurate medical news information by the physician would be presented to the Society membership in the Bulletin and at the next business meeting.

Attending were Cates Cannon and Ann Przelomski from the Vindicator; Tony Ross and Phil Buchanan from WBBW; Mitch Stanley and Bob Carano from WFMJ; Norm Berger from WKBN; and Harry Reith and Don Parcher from WKST-TV.

Special guests were Dr. Robert V. C. Carr, president of the Corydon-Palmer Dental Society; Dr. Milton E. Greenberg, President-elect of the Dental Society; Fred Nebot, Public Relations Director of St. Elizabeth Hospital; Dr. R. W. Rummell, Medical Director, Youngstown Hospital Association; and Gerald L. O'Hara, Asst. Administrator of Youngstown Hospital Association.

Members of the Public Relations Committee present were: Dr. Vernon L. Goodwin and Dr. H. Bryan Hutt, co-chairmen; Dr. Ben C. Berg, Dr. Andrew A. Detesco, Dr. John J. McDonough, Dr. Edmund A. Massullo, Dr. George B. Pugh, and Dr. Jack Schreiber. Other members present were Dr. Asher Randell, president, and Howard Rempes, executive secretary.

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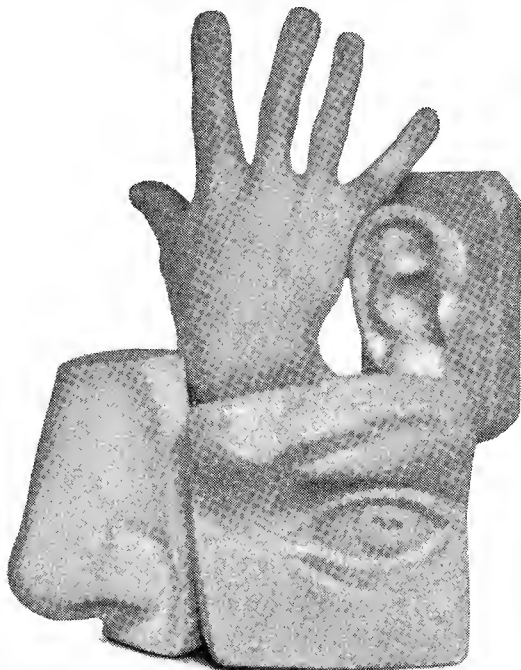
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YOUNGSTOWN HOSTS ORTHOPAEDIC SOCIETY

The Youngstown meeting of the Ohio State Orthopaedic Society will be held on Friday and Saturday, May 10-11, at the Holiday Inn near the Turnpike entrance on Market St. Co-chairmen are Dr. J. J. Sofranec, Jr., and Dr. G. W. Cook.

Registration opens at 1:00 p.m. Friday. Dr. Donald I. Minnig, president, will call the meeting to order at 1:30. Friday's program will include sessions presented by Drs. S. G. Patton, Herman L. Allen, Robert Foster, Clayton Hixon, J. E. Burns, Jr., Frank Inui, Richard Nolan, Edmund Massullo, Angelo Riberi and H. J. Marcella.

Saturday's program will be conducted by Drs. Paul Bauer, Wm. D. McElroy, Richard Murray, C. S. Lowendorf, Ed Bauman, William Charlebois and William Mikita.

Speaker for the Friday dinner will be Atty. George H. Gentithes, of Warren, whose subject is "Europe—Then and Now."

NEW ACTIVE MEMBERS



DR. WILFRED B. DODGSON, a pediatrician, was born at Tiskilwa, Ill., on Feb. 21, 1928. He attended Broad Ripple High School, Indianapolis, and Franklin College and received his medical degree from Temple University in 1954. He interned at Christ Hospital in Cincinnati. From 1955 to 1957, he served as Captain in the Army Medical Corp, being stationed at the 130th Station Hospital, Heidelberg, Germany. Following his military service, Dr. Dodgson opened an office for General Practice at Norwalk, Ohio, in 1957. In 1959, he took his residency at Children's Hospital in Akron, and in July of 1961, he became associated with Drs. Hutt and Hovanik at 77 E. Midlothian Blvd. He is a member of the First Baptist Church in Youngstown. His wife is the former Betsey A. Gibbons, whom he married in 1955, and they have four children, Deborah Ann, Theresa Lynn, Rebecca Sue, and Douglas Alan. They live at 826 Forestridge Drive. Dr. Dodgson's hobbies include photography, stamp collecting and golf.

* * * * *

DR. RICHARD G. ROHRER, an anesthesiologist, was born at Canton, Ohio, on Nov. 11, 1929. He attended North Canton High School and Capital University. He received his medical degree from Ohio State University in 1955. He interned at Mount Carmel Hospital in Columbus and took his residency in Anesthesia at Ohio State University. In 1957, he went into military service with the navy as a Lieutenant, and was stationed at the U. S. Naval Hospital at Portsmouth, Virginia, until 1959. He then took a residency with the V. A. Hospital at Hines, Illinois until 1960, when he joined Bel-Park Anesthesia Associates. He is a member of the Ohio Society of Anesthesiologists and the American Society of Anesthesiologists. His wife is the former Jacqueline Logan, whom he married in 1951, and they have three children, Jennifer, Jed and James. They live at 14 Redfern Drive. Dr. Rohrer's hobby is hi-fi.





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PROCEEDINGS OF COUNCIL

March 26, 1963

The regular meeting of the council of the Mahoning County Medical Society was held on Tuesday, March 26, 1963, at the Mural Room, Youngstown, Ohio.

The following physicians were present: Asher Randell, president, G. L. Altman, B. C. Berg, W. H. Bunn, G. W. Cook, R. R. Fisher, F. A. Friedrich, Frank Gelbman, V. L. Goodwin, P. J. Mahar, H. B. McConnell, John J. McDonough, H. P. McGregor, H. J. Reese, F. A. Resch, R. J. Scheetz, C. W. Stertzbach, and C. C. Wales. Absent were: G. E. DeCicco, S. D. Goldberg, C. E. Pichette, Jack Schreiber, and C. K. Walter.

The meeting was called to order at 7:30 p.m.

The minutes of the previous meeting were read and approved.

Bills were read. A motion was made, seconded and duly passed that the bills be paid. A list of the bills is attached to the minutes.

A constitutional amendment was presented, through the Constitution Committee, which would permit delegates to the Ohio State Medical Association, and alternate delegates, to vote on council. During discussion several changes were made in the wording of the amendments. The motion was then made, seconded and duly passed that the revised constitutional amendments be passed by council and submitted to the Society.

Dr. McGregor announced the screening committee for Canfield Fair exhibits in the medical health tent to be: Dr. Jack Schreiber, chairman, Dr. F. A. Friedrich, Dr. W. J. Cleary, Dr. D. R. Bernat, Dr. John Cavanaugh (dentist) and Dr. I. S. Knight (podiatrist). An osteopathic physician was not named, pending the decision of the Youngstown Osteopathic Hospital as to whether or not they would be exhibiting in the 1963 medical health tent.

Dr. Gelbman announced that the money turned back to the Medical Society from the Seminars amounted to \$231, \$62, and \$93 respectively for the past three years. He made the motion, seconded and duly passed, that \$75 of the seminar surplus be given to St. Elizabeth Hospital for the three-year use of facilities.

A letter from the Mahoning Valley Podiatry Society requesting time on Diagnosis and Consultation in relation to their Foot Health Week was read. Dr. McDonough explained that the programs are limited to members of the Mahoning County Medical Society with one program a year devoted to dentists.

Dr. Goodwin reported on the March 21st meeting of the public relations committee with the news media.

Dr. Mahar announced that the delegates would meet on April 4th to discuss resolutions before the OSMA House of Delegates.

Dr. Stertzbach read an article in the March 22 Vindicator by Martin Segal regarding a local elderly couple who could not afford hospital care and asked that the Medical Society investigate it.

Dr. Reese reopened discussion concerning physicians at athletic contests, and especially at tournament games. Dr. Reese was asked to come to the next meeting of Council with specific suggestions.

Dr. McGregor asked that the proposed constitutional amendment be read at the April meeting of the Medical Society.

Meeting was adjourned.

—Howard Rempes
Executive Secretary

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In Memoriam

DR. SAMUEL S. BADAL

Dr. Samuel S. Badal died at the age of 87 at the Mount Pleasant Nursing Home in Cleveland, on February 27, 1963. He had suffered a stroke in 1958 and had arteriosclerotic heart disease. Dr. Badal was loved and respected by the people of Lowellville and the surrounding area where he had practiced medicine for more than fifty years.

Born in Oorumia, Persia, in 1876, Dr. Badal was the son of Samuel and Sara Sargis Badal. He received his early schooling at the Presbyterian Mission in Persia and obtained his medical degree in 1905 from the Cleveland College of Physicians and Surgeons, now the School of Medicine of Western Reserve University. He graduated with honors and went on to intern at St. Claire Hospital, Cleveland, Ohio.

On April 18, 1906, Dr. Badal married Angelina Jessen, a graduate nurse. Mrs. Badal died in 1959. Besides a daughter, Mrs. Sara Kerr of Cleveland, Dr. Badal is survived by three sons, Samuel S., Jr. of Poland, organist of Trinity Methodist Church, Dr. James J. of Encino, California, and Dr. Daniel W. of Cleveland Heights.

Although Dr. Badal had planned to return to his native land to practice medicine, the political conditions in Persia and his friendship with Dr. John McCurdy of Youngstown influenced him to come to Lowellville to open his practice in 1906. This area received his sincere and dedicated service from the time of the horse and buggy to more recent times when his car was a familiar and reassuring sight to the community. His keen interest in his field and its advancement, accompanied by his kindly personal interest will not be easily forgotten by those patients, friends and colleagues who knew him.

—Kenneth E. Camp, M.D.

Dr. Warren Deweese Coy's book, "Leaves of Life," brings together a portion of his thoughtful poetry on many subjects. This one, appropriate in the Civil War centennial years, shows his philosophical consideration of a dramatic meeting between two great men.

AT APPOMATTOX

BENEATH those trees, none then could know
That when they met, what they did there
Would link their names so few would care
Which one had been the friend or foe.
For both, a tribute to bestow,
The woodbine scents the summer air
Beneath those trees.
No tomb at Riverside could show,
Nor crypt at Lexington could bear,
The sanctity that both might share
With all who feel their tolerance grow
Beneath those trees.

"Leaves of Life" is currently available at all Youngstown book departments. This book of poems, by a Youngstown physician, would make a valuable addition to every doctor's library, and would be a unique gift to give to friends.

In Memoriam

DR. JOHN F. DULICK

A dedicated medical career extending over a period of 30 years came to a close with the death of Dr. John F. Dulick on March 3, 1963.

Dr. Dulick was born in Youngstown on October 2, 1907. He received his pre-medical education at St. Procopius Preparatory School and College at Lyle, Illinois. Following his graduation from St. Louis University School of Medicine in 1931 he interned at Youngstown Hospital Association; this was followed by the general practice of medicine in Petersburg and East Palestine, Ohio. He moved his medical practice to Struthers, Ohio in 1937 where he served as health commissioner since 1951 and Struthers school physician since 1959. He especially enjoyed his work as the athletic team physician for Struthers High School.

He was a member of the Mahoning County Medical Society, the Ohio State Medical Association, the American Medical Association and the American Academy of General Practice.

—F. G. Kravec, M.D.

* * * * *

DR. ALBERT J. BRANDT

Dr. A. J. Brandt, age 61, died at his Fairway Drive home on Thursday, March 7, 1963.

Dr. Brandt was born in Osceola, Wisconsin on January 13, 1902. He graduated from Carroll College, Waukesha, Wisconsin and received his Medical Degree at Western Reserve University, Cleveland, Ohio. He interned at Cincinnati General Hospital and received his residency training in Obstetrics and Gynecology at Maternity Hospital and University Hospital in Cleveland, Ohio, and at St. Mary's Hospital in St. Louis.

Dr. Brandt was a Diplomate of the American Board of Obstetrics and Gynecology, Fellow of the American College of Surgeons, Fellow of the American College of Obstetricians and Gynecologists, founding member of the Central Association of Obstetricians and Gynecologists, Fellow of the International College of Surgeons and a member of the Cleveland Obstetrical and Gynecological Society.

Besides his wife, the former Elizabeth Bell, whom he married March 2, 1935, Dr. Brandt leaves 2 daughters, Mrs. Walter V. Beroth, Jr. of Youngstown and Miss Heidi at home and two sons, Peter of Philadelphia and Renick M. attending Carroll College.

Dr. Brandt came to Youngstown following completion of his residency training and became associated with the late Dr. Orrin Haulman at 413 Dollar Bank Building. After being in practice a short time, he was asked to organize and direct the Obstetrical and Gynecological residency program at St. Elizabeth Hospital with which he continued to spend a great deal of time up to a few months before his death.

His main non-professional interests were with a Tennessee walking horse, ceramics, stamp and coin collecting, gardening, and a dry "Martini" before dinner.

We shall all miss his professional presence and stabilizing influence about the hospital especially on the Delivery floor.

R. V. Bruchs, M.D.

F. J. Gambrel, M.D.

DRUG RETURN IS ILLEGAL

There is a problem becoming increasingly prevalent in the drug store—the return of portions of unused prescription medication to the druggist for credit. This privilege may help the sales pitch for a new product on television, but certainly does not apply to legend drugs.

Occasionally patients will attempt to return part of a prescription because it did not work or for some reason they could not tolerate it. Some of these patients mistakenly feel that the druggist should give them a refund on the unused portion and some have been told by their physician to take the remainder back to the drug store for credit toward their next prescription.

We should do everything possible to discourage this practice.

The pharmacist should tell the patient that it is illegal to take back medication for resale. Rule B-5 of the OHIO PHARMACY BOARD REGULATIONS states— "A drug, chemical, poison or pharmaceutical preparation which has been dispensed pursuant to section 4729.28, Revised Code, and returned, after being in the possession and under the control of another person, shall not be dispensed again."

The physician should acquaint the patient with the dangers of a pharmacist re-issuing medications over which he has lost all control. We are responsible for the quality of medicine dispensed to the patient, but we are not responsible for the quality of care the drugs receive after they are in the hands and homes of the customer. It is not in the interest of the Public Health or the practice of good Medicine and Pharmacy to again dispense what amounts to "SECOND HAND DRUGS".

The Physician-Pharmacist-Patient relationship can be greatly enhanced—if

1. the Physician realizes the Patient is receiving the finest quality medicine from the hands of the Pharmacist.
2. the Pharmacist is satisfied that he is discharging his obligation to the Physician and Patient to the best of his ability.
3. and the Patients feel they are getting the safest and best care and drugs from their Physician and Pharmacist.

A solution to the problem of returning unused portions of expensive prescription medication to the drug store for credit is for the Physician to prescribe an initial small amount or quantity of the drug for the patient to try with the suggestion and authorization for a larger refill of the prescription if the medicine is effective and tolerated.

In the interest of better Medicine and Pharmacy, I hope we can prevent the day coming of FIRST CLASS MEDICINE and SECOND HAND DRUGS.

Your cooperation will be greatly appreciated.

—Edwin H. Childs

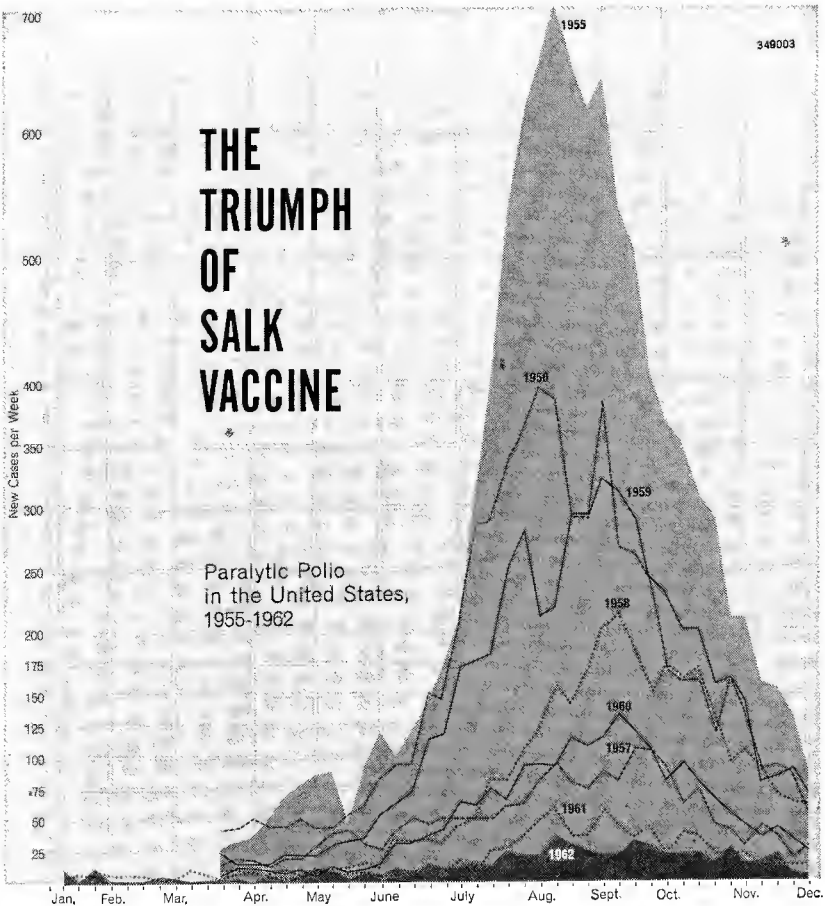
Registered Pharmacist

ELI LILLY TOUR IN MAY

Physicians of Mahoning and Mercer Counties, along with their wives, will be guests of Eli Lilly and Company at their laboratories in Indianapolis on May 22, 23, and 24th.

The Sheraton-Lincoln Hotel will be headquarters for the group, beginning with dinner at 6:00 p.m. on Wednesday, May 22. In addition to a tour through the research and manufacturing departments, a seminar is provided at Marion County General Hospital, with four hours' Class 1 postgraduate credit available to members of the American Academy of General Practice.

Saturday, May 25, is the third day of Time Trials for the Indianapolis Memorial Day Race. Transportation to and from the track will be provided.



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An analysis of the U. S. Public Health Service figures on the incidence of poliomyelitis shows that four doses of Salk vaccine can prevent over 90 percent of polio cases.

The safety of killed-virus polio vaccine is unchallenged after the administration of more than 530,000,000 doses.

In summary: Poliomyelitis Vaccine is recommended for immunization against poliomyelitis. The vaccine contains types 1, 2, and 3 poliomyelitis viruses killed with formaldehyde solution (1:4,000). During manufacture, the following materials are used: Medium 199, monkey kidney tissue, phenol red,

neomycin sulfate (50 meg. per ml.), sodium bisulfite (0.434 Gm. per l.), sodium edetate (7:20,000), and Merthiolate® (thimerosal, Lilly) (1:20,000).

Side-effects include occasional erythema and tenderness at the site of injection, general malaise, and low-grade fever. Allergic symptoms are uncommon and rarely serious. Neurological reactions have been reported, but they are not well documented.

Poliomyelitis Vaccine should not be given during an acute illness or during recovery from conditions which could depress the immune response.

The usual immunizing dose is three intramuscular injections of 1 cc. each, with intervals of two to six weeks between the first and second doses and seven or more months between the second and third doses.

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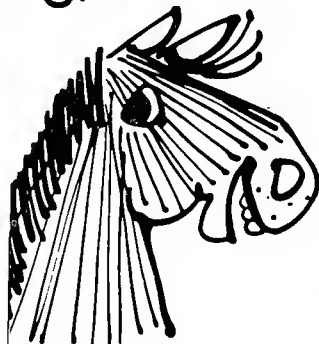
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20 and 10 YEARS AGO

THIRTY YEARS AGO—APRIL, 1933

A big Post-Graduate Day that month with James Ewing, Burton Lee, Lloyd Craver and Benjamin Barringer here from Memorial Hospital in New York. The Speaker's Bureau supplied 47 speakers for clubs, associations and service groups.

Medical Economics called our Bulletin "a lively and colorful publication." Lou Deitchman was very proud.

From an article by M. P. Jones: "There is evidence that the National Economic Health is slowly returning. When recovery is an assured fact the American Physician will have written his name indelibly into the records of its accomplishment by his loyal, unselfish and high minded spirit of service to his patients, his community and his country.

TWENTY YEARS AGO—APRIL, 1943

Because of the stringencies of wartime, Post-Graduate Day was omitted that year. There were many expressions of regret and hopes for future resumption. Elmer Nagel attended the Ohio State Convention and reported that the usual fanfare and display were conspicuous by their absence.

There was left in Mahoning County, one physician for each 1500 people. The armed forces were asking for seventeen more doctors for the 1943 quota.

More news from doctors in military service: Luke Reed wrote from Muroc, California where he was chief of medicine at the Station Hospital out in the desert 110 miles from Los Angeles. Asher Randell was at the Portage Ordnance Depot, part of the Ravenna Arsenal. Brack Bowman received his major's commission and left to report to Carlisle Barracks. Clifford was stationed at the operating base for the South Atlantic Fleet near Recife, Brazil with a modern hospital and he the only surgeon on the base. Kupec had been transferred to Peterson Field at Colorado Springs, very uncomfortable from the sand storms. Renner had been sent to sea on a seaplane tender which he reported was very good duty. Conti was at the Naval Hospital in Norfolk, Va., a fine old hospital in beautiful surroundings. Ivan Smith was in charge of physiotherapy at Camp Campbell, Kentucky. Marinelli was in New Orleans eating regularly at Antoine's. Weller was at Camp Wallace near Galveston, Texas and Wales was at Camp Howze, Texas. Hathorn was at Camp Adair at Corvallis, Oregon with his family. Joe Colla was at Walter Reed in Washington doing physical exams on WAAC's. Nice work if you can get it.

Excerpt from a letter from Dr. Henry Manning, second physician to settle in Youngstown, written to his father in 1812: "I mean . . . to be moderate in my charges, to conduct with strict justice and liberality towards everyone, especially towards the poor, most of whom have been sick this year. My circumstances . . . are just this, value of paid for land and improvements \$45.00 but consider it worth more. For instruments and medicine \$30.00. My horse is not so valuable as the one I rode from home. I have paid up

all my expenses . . . except I am some behind for board yet." Dr. Manning later became president of the First National Bank, now the Union National.

TEN YEARS AGO—APRIL, 1953

A leading article by M. M. Szucs and T. K. Golden on Arthritis described the use of Hydrocortone, irradiated cord plasma, gold, albumin and ethyl chloride spray. The technique of joint injections with hydrocortone was described. A total of 560 cases was reported with excellent results.

John McCann was elected President of the American Federation Of State Board Examiners. George L. Altman became associated with Saul Tamarkin and Raymond Scheetz in radiology at St. Elizabeth's Hospital. Louis Bloomberg returned from military service and resumed the practice of ophthalmology. Sidney Franklin passed his State Bar Examinations and was admitted to the practice of law. Edward Shorten and Patrick Cestone were certified as diplomates of the American Board of Surgery. Paul E. Ruth and J. L. Finley became members of the Society.

—J. L. F.

INDUSTRIAL HEALTH INSTITUTE IN MAY

An occupational health institute will open with a dinner meeting Friday, May 10, 1963, at the Pick-Ohio Hotel in Youngstown. An all-day session starts at 8:30 a.m. Saturday, May 11, in the St. Elizabeth Hospital Auditorium, 1044 Belmont Avenue, Youngstown. Both sessions of the institute will be open to physicians, management, occupational health and public health nurses, and others with an interest in occupational health.

Planned by the Ohio Department of Health, the institute will feature "Trends in Occupational Health." Dr. Harold J. Magnuson, Director of the Institute of Industrial Health, University of Michigan, will discuss trends in occupational health as they effect health services and the community at the Friday evening dinner meeting. Dr. Magnuson is an outstanding authority in his field. Previous to his present appointment he was with the Occupational Health Division of the United States Public Health Service.

Dr. Magnuson will participate in a panel discussion on "Use of Community Agencies in the Occupational Health Program" on Saturday. Also on the panel will be Dr. George A. Sudimack, Medical Director, Packard Electric Division, General Motors Corporation, Warren, Mrs. Margaret Byrne, R.N., Clevite Corporation, Cleveland, and William Brennan, Staff Associate, Youngstown Community Chest.

The Joint Committee on Industrial Rehabilitation will present a discussion on the work of the Committee in meeting the problems of mental patients when they return to their jobs. The discussants will be David E. Percival, Jr., Assistant Director of Industrial Relations, General Fireproofing Company, Youngstown, presenting management's viewpoint; Hugh Syron, United Steel Workers of America, AFL-CIO; Carroll Bostic, Bureau of Vocational Rehabilitation, Youngstown, and Harry Lawrence, Psychiatric Social Worker, Woodside Receiving Hospital, Youngstown.

Robert Blees, Group Counselor, First Community Church, Columbus, will conduct role playing in communications and intrapersonal relationships during the Saturday afternoon session of the institute.

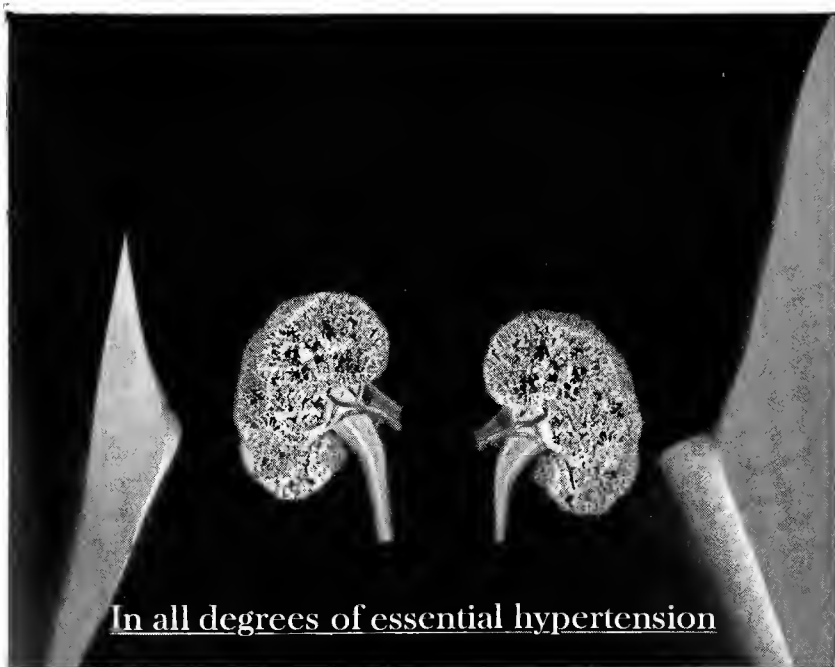
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References: (1) Moyer, J. H., and Heider, C.: *Am. J. Cardiol.* 9:920 (June) 1962. (2) Brest, A. N., and Moyer, J. H.: *Pennsylvania M. J.* 63:545 (Apr.) 1960. (3) Hutchison, J. C.: *Current Therap. Res.* 4:610 (Dec.) 1962. (4) Berry, R. L., and Bray, H. P.: *J. Am. Geriatrics Soc.* 10:516 (June) 1962. (5) Feldman, L. H.: *North Carolina M. J.* 23:248 (June) 1962. *RAUTRAX-®; *RAUDIXIN-® AND *NATURETIN-® ARE SQUIBB TRADEMARKS.

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WIFE LINE

The wonderful response to last month's "WIFE LINE" is most appreciated. My ideas expressed concerning joining with our husbands for theatre parties and ball games out of town, and trips to the Pittsburgh Zoo and Greenfield Village in Detroit (all under auxiliary sponsorship, providing transportation and tickets), and also the "Junior Medics" bowling league for children, were so enthusiastically received that these ideas shall definitely be proposed for inclusion in the auxiliary's activities. Thank you so much for your interest and approval.

The auxiliary has been conducting a poll of the entire membership (263 members). Our President, Margot Wegner, suggested having this complete survey in order to have the opinions, suggestions and comments of all members expressed freely, on finances, social activities, fund-raising projects, programming, and charitable and civic projects. Although the results of this all-inclusive survey have not been completed, at this writing, one fact has already been established: everyone is most grateful for this wonderful opportunity to take an extremely active part in helping to decide the policies and areas of interests that the auxiliary will follow. I have had the enjoyment of serving as chairman of the committee setting up the survey, and twenty-three members of the Board are doing an excellent job of telephoning each and every member of our large auxiliary to ascertain the desires of the membership. The cooperation of everyone has been gratifying indeed, and the results of the survey will be submitted in a final complete report as soon as all information is received. Next month's "WIFE LINE" will carry a brief resume of the results.

Two members of our auxiliary have passed the necessary requirements to obtain their private pilot licenses: Fran Firestone and Martha Whitten have joined with their husbands in this thrilling hobby. Fran started taking flying lessons in August, 1961, and qualified for her license in May 1962. She and Dr. Bert are very enthusiastic about flying and fly their single motor plane as often as possible—which generally means Thursdays and Sundays (weather and emergencies permitting!). Some of their longer trips have been to Williamsburg, Va., Quebec, Florida, and they are presently planning a trip to Nassau. Fran frequently flies to Massachusetts to visit their son, Allen, who is attending Deerfield Academy. Martha started flying in October 1961 and qualified for her license in July 1962. She shares Dr. Charlie's enjoyment of flying, and presently is the secretary of the Mahoning Valley Aero Club, an organization of about fifty members, all of whom have pilot's licenses or have soloed. When Martha wants to go shopping, she flies herself right into Cleveland—a fifteen minute trip—in their own single motor plane. She has appeared with six other women pilots on Marge Mariner's TV show and on radio station WHHH, in Warren, to discuss "Women in the Field of Flying" (there are 16-18 female pilots in this area). It is very difficult to qualify for a license—strict procedures must be followed: A student must have 40 hours of flying time; 20 spent with an instructor, and 20 in solo flying. Instruments must be studied; navigation and radio work must be learned; turns of 360 degrees must be made from a given point without losing or gaining altitude; "stalls" must be executed—that's where you purposely stall the motor, then start it up again, while you are "up there" (gulp!); a three hour written test must be taken, where the problem is to plot a course, having to figure out fuel supply, weight and balance, weather, navigation, radio contact, etc. It would take a keen interest and a great love of flying, similar to that of Fran's and Martha's, to want to study so hard to learn the varied and difficult skills that are required before a license is granted. We are proud of our two pilots!

Special congratulations are extended to Canadian-born Pearl Gelbman and Helen Kalfas, who were absolutely thrilled at having become American citizens recently. It seems it is not so easy to become a naturalized citizen—it is necessary to be fingerprinted, endless pages of questions must be answered—even questions going back to infancy! Then, the naturalization examination must be taken, and if any of you have occasion to ever want to know detailed information concerning anything about the Executive, Legislative, or Judicial branches of our Federal Government, the Bill of Rights, the Cabinet Members and their positions—in fact, anything at all about our Government, do call Pearl or Helen, who are now experts in this field. The DAR and League of Women's Voters were represented at the Naturalization Ceremonies and did their utmost to make the "citizens-by-choice" feel welcomed. We, ("citizens-by-chance," shall we call ourselves?) sometimes forget how wonderful it is to be an integral part of our free country, and our birthrights of liberty and justice at times are forgotten, too; but, it is at moments like this, when we welcome our own friends to citizenship in our great country that we realize how truly wonderful it is to be a citizen, and how secure and safe we do feel.

Congratulations and best wishes to our auxiliary members and their husbands on the marriages, or forthcoming weddings of their daughters: Lynn Goldberg was married to Donald Lockshin on February 17 and the young couple are living in Miami Beach, Florida; Mary Middleton and Ronald Mulhauser were married on March 2, and are living in Clairton, Penna., where Ronald is a metallurgist with United States Steel; on March 16, "Bow" Renner and Ensign James Nicholson, were married and are living in Charlotte, N.C. (It is interesting to note that Helen and Peg, mothers of the last two mentioned brides were classmates at South High School.)

Mary Hutt and A. Daniel Parker, Jr. are to be married on April 20. They will live in Youngstown while they will both continue to attend Youngstown University; Joy Scarnecchia will be married to Charles Cushwa III on May 4. The well-known couple will continue to live right here in Youngstown on Tod Lane; Judith Wasilko will be married to Marvin Garrett, of Beverly Hills, Calif. on Aug. 24. The young couple will live in Chicago where Judith will complete her senior year at Northwestern University while her husband will be working on his M.A. at the University of Chicago; Maxine Lowendorf is engaged to Dr. David Abels. (We are happy, indeed, that Maxine will be fully recovered shortly from a serious auto accident that has hospitalized her for several months.)

Several of our members have had new additions to their families—to each, the auxiliary extends sincere best wishes: Ida DiDomenico gave birth to boy twins on January 19, (although the names of "Pete" and "Repeat" were suggested, they decided on "Robert" and "Richard." On January 24, Kevin Might joined his family, and Daniel Katz was born on February 26. Our treasurer, Helena Costantini, gave birth to a son on March 28, just hours before this publication's deadline.

The bowling league is nearing the end of the season, and within the next few weeks the team in first place will be chosen. Since there is only a very short time remaining (the league completes its season on April 27) the games being played at this time are very important, in fact so important that the team captains call their members on the phone to make sure that each will attend despite fevers, flu, coughs, etc. Two of our girls have delayed operations until the end of the bowling season; one of our girls even bowls despite a neck brace! The pressure is really on now! Everyone, including Eleanor Pichette and your author, arrives early! Even the coffee is stronger! At this writing, Ginny Shorten has bowled the highest individual game, with an amazing

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Liver (4 oz.)	384
Eggs (1 medium)	340
Veal (4 oz.)	168
Beef (4 oz.)	150
Chicken (4 oz.)	108
MEDIUM	
Halibut (4 oz.)	77
Flounder (4 oz.)	72
Salmon, (Pacific) (4 oz.)	72
Sardines (3 oz.)	70
Cheese (2 oz.)	63
Cod (4 oz.)	60
LOW	
Cream Cheese (2 Tablesp.)	36
Milk (1 cup)	33
Ice Cream ($\frac{1}{2}$ cup)	31
Whipped Cream (1 Tablesp.)	18
Bacon (2 slices)	16
Butter (1 pat—5 grams)	14

* *SOURCE*: "Food and Your Health", syndicated column appearing in *Toledo Blade*, October 26, 1961, by Dr. Frederick J. Stare, Dept. of Nutrition, Harvard University.

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score of 202; Eleanor Rappoport's game of 197 is a close second; Marian Schellhase and Ruth Tochtenhagen have tied for third with individual games of 190. Carol Cook's team is in first place—thus far. We do have such a good time at the Wednesday morning bowling games—how about joining with us next season, and sharing all the fun, excitement and friendship with our auxiliary bowling league.

See you next month,

—Charlotte M. Tandatnick
Publicity Chairman

OUR BASIC ECONOMIC TRUTHS

In looking back at the old year and ahead at the new, it might be timely to reflect on a few basic economic truths, which have been proven many times in the course of history:

1. Governments cannot give to the people what they do not first take away from people.
2. You cannot multiply wealth by dividing it.
3. You cannot legislate the poor into economic freedom by legislating the wealthy out of it.
4. That which one man receives without working for, another man must work for without receiving.

Nothing can kill the initiative of a people quicker than for half of them to get the idea that they need not work because the other half will feed them, and for the other half to get the idea that it does no good to work since someone else receives the rewards of their labors.

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CONTRAINDICATIONS AND SIDE EFFECTS: Careful medical supervision of sulfonamide therapy is essential for immediate cessation of treatment at the earliest detection of possible toxic effects, and for assurance of maximal chemotherapeutic response. Contraindicated in patients with history of hypersensitivity. Hypersensitivity reactions develop in a significant number of cases and may manifest themselves by vascular lesions, dermatitis, agranulocytosis, acute hemolytic anemia, hepatitis, nephrosis, bronchospasm, and serum sickness. However untoward reactions occur less frequently with sulfadiazine, sulfamerazine, and sulfacetamide than with the other systemic sulfonamides, and the incidence of toxic responses is further reduced by combination of the three agents.

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REV. HALL ENTERTAINS LAWYERS, DOCTORS

One hundred lawyers and physicians attended what was probably the most entertaining of the series of nine Medical-Legal Banquets on Tuesday, March 19 at the Mural Room.

The Rev. Lawrence H. Hall, rector of St. Paul's Episcopal Church, Cleveland, regaled his audience with jokes, anecdotes and magic as he expounded on the subject, "Shock Absorber for Today's Shook-up Times." The shock absorber proved to be a sense of humor.

Rev. Hall was introduced by Atty. Morris DeVorkin, program chairman. Dr. Asher Randell spoke for the Medical Society. Atty. Charles P. Henderson, president of the Bar Association, presided.

PRESS ASKS PHYSICIAN'S COOPERATION

Although the problem is much improved, getting the "cause of death" quickly and accurately is still one that plagues newsmen. This was one of the problems discussed at the recent meeting of the public relations committee with members of the local press, radio and TV.

Part of the problem is that funeral directors do not always give medically correct information. The newsmen thought that, for the most part, physicians were cooperative and helpful.

Since "cause of death" is a matter of public record, the news media have requested that physicians do whatever they can to help them get the information at the earliest date.

The public relations committee stated that the medical society would publicize the problem among its members in an effort to secure further cooperation. It was noted that the revised version of the Principles of Ethics stresses the fact that it is the responsibility of the physician and the medical society to see that accurate medical information reaches the public.

POOLED INSURANCE BILL RECOMMENDED

Since the Mahoning County Medical Society passed a resolution requesting the Ohio State Medical Association to support polled insurance companies to issue insurance to those over 65, a bill has been introduced in the State Legislature for that purpose.

H.B. 376, introduced by Representatives Jacob Shawan and Mrs. Margaret Dennison of Trumbull County, would permit joint action by insurance companies in underwriting group sickness and accident insurance for persons age 65 or over. The bill has the support of the Ohio State Medical Association. Having been before the House Insurance Committee, the bill is now recommended for passage by that committee.

DR. SCHREIBER TALK PUBLISHED

A speech by Dr. Jack Schreiber is currently getting nation-wide attention. The talk that Dr. Schreiber made before the Butler County Medical Society in January has been printed in the form of a brochure and is being distributed to its entire membership by the Association of American Physicians and Surgeons.

One to five copies of the brochure, entitled "Liberty is a Woman," may be had without charge by writing to: Association of American Physicians and Surgeons, 185 North Wabash Ave., Chicago, 1, Illinois. A charge is made for larger quantities.

MESSAGE FROM HEALTH COMMISSIONER

At the start of my service as Health Commissioner of the City of Youngstown, I wish to extend to my fellow members of the Mahoning County Medical Society, my assurance of full cooperation at all times. I shall always welcome your suggestions for the improvement or enlargement of service or program, so please do not hesitate to telephone me for an appointment. The Health Department is the creation of the Medical Society, and I shall endeavor to comply with your wishes in so far as they are consistent with good public health practice. If at any time you do not agree with our procedure, please come in and talk it over. That is a standing invitation.

The functions of our divisions, and any health news of note, as well as the Vital Statistics of the City of Youngstown will appear in the Society's Monthly Bulletin.

—Sidney Franklin, M.D.

BULLETIN BOARD

Dr. Angelo Riberi and his wife were skiing for two weeks in the Canadian Lavrentides. On their way back, Dr. Riberi held a clinic and a conference on Cardio-vascular surgery at the Verdun Hospital of Montreal.

Dr. Bernard Taylor, Director of Laboratories for St. Elizabeth Hospital, has been elected president of the Northeastern Ohio Society of Pathology.

Dr. Elsa Shapira and Dr. H. L. Allen gave a talk to the students of the Choffin School of Practical Nurses on March 18 at the Choffin School. Dr. Shapira spoke on "Birth Deformities", Dr. Allen showed slides.

GENERAL PRACTICE SOCIETY NEWS

"There is no big red pill for backache" pronounced Dr. Robert Halen at the March meeting of the Society. Dr. Halen, Medical Director of the Jones and Laughlin Steel Corporation, was guest speaker at the March 12th meeting at South Side Hospital Auditorium. Dr. Halen pointed out that about 25% of the general population have some form of defect of the lower spine, which can become symptomatic under stress. It is difficult and sometimes impossible to weed out these people on a pre-employment physical, and many of these people who do develop low back pain, have to learn to live with their problem.

The April meeting, held at St. Elizabeth Hospital on the 9th, featured a panel discussion of "Surgical Correction of Deafness" (Otosclerosis) using the new Stapes Mobilization Technique. Panel members were Dr. Jack Malkoff, Dr. Lester O. Gregg, and Dr. James R. Sofranec.

—Robert R. Fisher, M.D.

DELINQUENT DUES

The following members of the Mahoning County Medical Society have not paid their 1963 dues as of March 31, 1963:

Dr. Rene Cossette

Dr. J. N. Thanos

Dr. E. H. Young

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